

CAPE LEGION'S VOICE

THE AMERICAN LEGION

Cape Coral, Florida - Post #90



JUNE & JULY OF 2026



COMMANDER'S CORNER

With Lisa Arnold

Greetings everyone,

Serving as the American Legion Post 90 Commander during the 2025–2026 year has been one of the greatest honors of my life. I want to sincerely thank all our veterans and their families for making Post 90 the absolute best post in the country. Your dedication, loyalty, patriotism, and support are what make this organization so special and successful. Over the past year, I have had the privilege of watching all four members of our American Legion Family work together as one incredible team. Our Legionnaires continued to lead with pride and commitment to serving veterans and the community. The Auxiliary demonstrated endless compassion and volunteer spirit through their tireless support and service. The Sons of the American Legion carried on the legacy of honoring our veterans while always stepping up to help wherever needed. Our Legion Riders once again showed extraordinary dedication through their support of veterans' causes, ceremonies, and charitable events. I would also like to recognize all the committees whose hard work behind the scenes keeps Post 90 operating at such a high level. Every committee member contributed valuable time and effort that helped make this year a tremendous success. It has truly been an honor to represent Post 90 throughout the community and alongside such outstanding people. I congratulate all my teammates on a wonderful and successful 2025–2026 year, and I extend my very best wishes and good luck to the incoming 2026–2027 leadership team as they continue moving Post 90 forward with pride and excellence.

For God and Country,

American Legion Post 90 Commander,

Lisa Arnold





2026 - 2027 Officers

Greetings Post 90 Family Members,

Congratulations to your 2026 - 2027 American Legion Post 90 Family Officers:

Post 90 Officers

| | |
|-----------------------|-----------------|
| Commander | Bruce Bohlander |
| First Vice Commander | Ed Lyons |
| Second Vice Commander | Jack Fitzgerald |
| Finance Officer | Mike Cloud |
| Historian | Open |
| Chaplain | Ron Montange |
| Sergeant at Arms | Gary Serkin |

Post 90 Executive Board:

Laurene Allen-Flower
Ted Clark
Harry Finke, Jr.
Mike Flower
Chuck Pothier
Rebecca Sewell
Dennis Stebbins

Post 90 Commander-Appointed:

| | |
|-----------------|---|
| Adjutant | To Be Determined by Incoming Commander |
| Asst. Adjutant | To Be Determined by Incoming Commander |
| Service Officer | To Be Determined by Incoming Commander |

Judge Advocate

To Be Determined by Incoming
Commander

**Squadron 90, Sons of the American Legion
(SAL)**

Commander

Mike Keeling

First Vice Commander

Elon Hertzfeld

Second Vice Commander

Larry Horner

Finance Officer

Keith Berres

Chaplain

Roland Meadows

Sgt. at Arms

Nick Napolitano

Appointed:

Adjutant

Keith Berres

Judge Advocate

Sean Wing

Chapter 90, Riders

Director

Jack Fitzgerald

Assistant Director

Charles "Chuck" Pothier

Adjutant

Laurene Allen-Flower

Treasurer

Ken Worley

Sgt. at Arms:

Edward "E.T." Moore

Road Captain:

Robert "Just Bob" Hotovy

Unit 90, Auxiliary

President

Nita Keeling

First Vice President

Open

Second Vice President

Donna Leonard

Secretary

Open

Finance Officer

Susan Little-Jones

Historian

Courtney VanCamp

Chaplain

Sheila Ference

Sgt. at Arms

Devin Pothier

Congratulations to all elected and appointed members. Post 90 and all family members wish you much success during the 2026 - 2027 year.

Thank you Sincerely,

Lisa Arnold

Commander



Welcome to The American Legion, Department of Florida Convention. The Department will be hosting it's 107th statewide convention June 11-14, 2026 at the Hilton Orlando in Lake Buena Vista.

Approximately 3,000 American Legion members will be in attendance to include spouses and family members. There is something for everyone to be enjoyed at this large event, from vendors, banquets, activities, classes and more. This is a great time for posts to gather and exchange ideas and reunite as a family.

The Department convention also conducts it's annual business during this event, electing new leadership, celebrating successes, and recognizing outstanding individuals and posts.





Hello Everyone,

I hope everyone is safe and well. If you know of anyone else who is sick or passed away recently in our American Legion Post 90 membership, please let me know. You can reach me at: (734) 475-1080 or you can email me at: ron.nancy01@gmail.com.

Sincerely,

American Legion Post 90 Chaplain,

Ron Montage





**What did one
American flag say
to the other flag?**
Nothing. It just waved.



This joke was submitted by Amy O'Neill. Thank you!

Sincerely, Chairman & Editor of American Legion Post 90 Newsletter,

Amy O'Neill

AMERICAN LEGION POST 90

HONOR GUARD CORNER



Hello Everyone,

We have practice on the 2nd Saturday of each month. We will continue to practice on every 2nd Saturday of the month starting at 9am at the Post. The following are dates and times of the next 2 Honor/Color Guard practices.

There will be Honor & Color Guard Practice at American Legion Post 90 on Saturday, June 13, 2026, in civilian clothes.

There will be Honor & Color Guard Practice at American Legion Post 90 on Saturday, July 11, 2026, in civilian clothes.

Please help honor our veterans by volunteering for our Legion's Color and Honor guards. We do a lot in the community to honor our fellow departed & living veterans. You must be a current member of American Legion Post 90's membership, Riders, Auxiliary, and/or SAL to join. No experience is necessary. Your uniform will be supplied & we will train you. If you are interested in joining any of American Legion Post 90 Honor/Color Guards, please call me at: (303) 882-5164 or you can email me at: baker292@comcast.net. Thank you!

Sincerely,

Captain of American Legion Post 90 Color & Honor Guards,

John Baker



POST 90 MARKETING CORNER

American Legion Post #90 honors Legacy of Heroes Teacher of the Year

The American Legion's Legacy of Heroes Teacher of the Year award recognized an educator, Jean Lackey, who excels in teaching, leads with purpose, and makes a lasting impact on students and the community. The educator inspired student success through strong instruction, meaningful relationships, and a commitment that extends beyond her classroom.

Ms. Lackey distinguished herself through exceptional instructional practice, a deep commitment to student success, and meaningful leadership within Trafalgar Middle School. She embodies the qualities, values, and dedication that define outstanding teaching, consistently elevating both her students and the culture of her school community.

The award was developed by Michelle Moore, Chair of the Legion's Youth and Children's Committee of Post 90 and presented at the Excellence in Education ceremony, hosted by the Cape Coral Chamber of Commerce, on May 4 th at the Broadway Palm Dinner Theater in Ft Myers The presenters were Lisa Arnold, Commander and Ted Clark, Publicist of the American Legion Post 90 in Cape Coral.

Sincerely,

American Legion Post 90 Publicist,

Ted Clark





Hello everyone,

I hope you are all well. I am. I wanted to let you all know that I will be Post 90 Facebook Group Administrator & Newsletter Chairman until June 1st, 2026, and then I will be leaving. I know I have only been the Post 90 Facebook Group Administrator for less than a year, but I have been the Post 90 Newsletter Chairman for 8 years now. I plan on joining the VFW & American Legion by me in West Virginia. I do a lot. I also run the Facebook Group Page and do the Newsletter for the Nitro History & Wars Museum by me in Nitro, WV. I am still a current member of American Legion Post 90 and I will continue to be until the end of the year or if I join another American Legion, which I haven't done yet. I will miss you all but no worries, I will visit from time to time. Please feel free to reach out to me if you have any questions about the Post 90 Facebook Group Page or the Post 90 Newsletter. Thank you!! I thoroughly enjoyed everything I did for you all!! [(304)377-4466 & strawjazz1978@gmail.com].



Sincerely,

Amy O'Neill



**Are you a current member of
American Legion Post 90?**



**Are you interested in being an
Adjutant or Newsletter Editor?**



**Post 90 is currently looking for a
qualified Adjutant and Newsletter Editor.**

Please reach out to John Baker, Bruce Bohlander, or American Legion Post 90 if interested. We are located at 1401 SE 47th Street in Cape Coral, Florida, 33904.



Hello everyone,

Chapter 90 held our Officer elections, and they were accepted by the Post Executive Board. Also, in this election period at Post 90 some of our members stepped up to become Post Officers. We are American Legion members first.

We have entered the summer season now and the Birds have flown North, which means the afternoon storms have started. We must plan our rides according to the weather, keep an eye on the radar, and keep the rain gear on the bike. We are working on getting our state patch by visiting every district in the State on our bikes and stopping at 2 posts in every District.

This July, we are having a couple events. On July 5th, we are hosting a Christmas in July Pub crawl from Post 90 fundraiser. We are participating in the Teddy Bear run for the Golisano Children's Hospital. We also will be having a Christmas in July for the Residents of the Jacobson Veterans home in Pt Charlotte.

The Chapter 90 Riders appreciate your support throughout the year, and we couldn't accomplish our goals without you.

Remember to always look twice for motorcycles when you are out on the road, the life you save might be ours.

Sincerely,

Chapter 90 ALR Director,

John Fitzgerald



**American Legion Post 90
Women Veteran's Committee**



Sisters-in-Arms
Bravery Knows No Gender

Hello everyone,

The American Legion Post 90 Women Veterans Committee is proud to announce that we have officially opened our non-profit bank account and are now actively receiving donations for Cape Coral's first-ever Women's Military Monument. This important project represents a lasting tribute to the courage, sacrifice, and service of women veterans from all branches of the United States Armed Forces. We want to extend our sincere appreciation and heartfelt thanks to the Auxiliary, the Sons of the American Legion, and the Legionnaire families whose generous donations and continued support have helped advance this vision. We are also deeply grateful to Operation Homefront Heroes and the many individual donors who have personally contributed to this meaningful cause. Every donation, no matter the size, brings us one step closer to creating a monument that will honor women veterans for generations to come. As we continue this journey, the women of Sisters in Arms of Cape Coral are truly appreciative of the overwhelming encouragement and support we have received from our community. Together, we are building not only a monument, but also greater awareness, recognition, and appreciation for the service and sacrifices of women veterans. We look forward to making a lasting and positive difference throughout the local community.

Sincerely,

American Legion Post 90 Women Veterans Committee Chairperson,

Lisa Arnold



SPIRIT NIGHT!

WITH AMERICAN LEGION SISTERS-IN-ARMS

**FRIDAY,
JUNE 12**



GATES 6 PM
FIRST PITCH 7:05 PM



**FORT MYERS
MIGHTY
MUSSLS**

VS



**DUNEDIN
BLUE JAYS**

**\$5 from each
Mussels ticket
goes back to
American
Legion
Sisters-In-
Arms!**

GET TICKET NOW 





**POST-GAME
FIREWORKS!**

**Weather Permitting*



SAL GUN RAFFLE





**Stubs can be used for 10%
off any firearm or**



Officer Installation Ceremony
at American Legion Post 90



Sunday, June 28, 2026



Cocktail Hour – Noon



Ceremony starts at 1pm

**Come out & see the newly elected officers of
Post 90, SAL, Riders, & Unit 90 Auxiliary!**



AMERICA



July 4th Celebration
Open to the Public

Cocktail Hour Noon to 1 pm

Celebrate 250th Service

Rifle Salute followed by Taps

Menu

Ribs or BBQ Pulled Pork Sandwich
w/ Potato Salad and Baked Beans

\$14. must pre-pay bartender to guarantee a meal

BLOOD



American Legion Post 90 Blood Program

**Lee Health Mobile Unit
on site at Post 90:**

July 4, 2026

11AM – 5PM



 Find us on
Facebook

You can find us here... On Facebook,

American Legion Post 90



If you have not visited our website lately, you really should go check it out! We have an all-new look, and more to come!!

See what is new and what we have already been doing!

***See the website for additional information! ***

www.post90swf.org



Our Post is open daily from 11



Coming Events Summary

See the website for additional information

Enjoy any or all these meetings and entertainment.
We appreciate your support of American Legion Post 9



June 2026 (Music & Events)

Monday the 1st - meeting at 7pm for *AMERICAN LEGION RIDERS*

Monday the 8th - meeting at 7pm for *SONS OF AMERICAN LEGION*

Monday the 15th - meeting at 7pm for *AMERICAN LEGION AUXILIARY*

Wednesday the 17th - meeting at 7pm for *EXECUTIVE BOARD MEMBERS*

Monday the 22nd – meeting at 7pm for *AMERICAN LEGION MEMBERSHIP*

(For information about any upcoming holiday celebrations, please ask a Post 90 Bartender, look at flat screen tv by the office, or you can

July 2026 (Music & Events)

Monday the 6th - meeting at 7pm for *AMERICAN LEGION RIDERS*

Monday the 13th - meeting at 7pm for *SONS OF AMERICAN LEGION*

Monday the 20th - meeting at 7pm for *AMERICAN LEGION AUXILIARY*

Wednesday the 22nd - meeting at 7pm for *EXECUTIVE BOARD MEMBERS*

Monday the 27th – meeting at 7pm for *AMERICAN LEGION MEMBERSHIP*

(For information about Friday night's entertainment schedule, please ask a Post 90

check out Post 90's website address which is on page 14. Some meetings may be cancelled due to holidays.)

Bartender, look at flat screen tv by the office, or you can check out Post 90's website, which is on page 14.)



~~MONEY SUNDAY FROM THE MENU~~

Every Tuesday – 5:30pm - **SHOW ME THE MONEY CARD GAME**

Every Wednesday – 11am to 1pm – **FREE DROP-IN GAME DAY**

Every Wednesday – 7pm – **WEEKLY POOL TOURNAMENT = \$5**
SIGN-UP TO PLAY

Every Third Wednesday - 10am to 1pm – **FREE HAIRCUTS FOR ALL VETERANS**

Every Thursday – 5pm – **DINNER SPECIALS - SPECIALS ARE NEW EVERY WEEK**
50/50 NAME DRAWING AT 7PM

Every Friday – 11:30 to 4pm – **REGULAR MENU**

Every Friday – 5pm to 7:30pm – **DINNER SPECIALS –**

SPECIALS ARE NEW EVERY WEEK

Every Friday – 6pm to 8pm – LIVE ENTERTAINMENT

Every Saturday – Noon to 7:30pm – REGULAR MENU & SPECIALS

Every Saturday – 7pm – LAST ACE STANDING GAME (MEMBERS ONLY)

KITCHEN IS OPEN TUESDAY TO SATURDAY FROM NOON – 7:30PM



**American Legion Post 90 Newsletter
Chairman & Editor: Amy O'Neill
Associate Editor: Ted Clark**